



the pulse

News from the Young Professionals Network of Minot

3/4/2010

March Happenings

YP @ Mouse River Players Community Theatre

Mar. 5, Arlene Theatre @ 7:15pm

GGFYP UND Fighting Sioux Hockey Game

Mar. 6, Ralph Engelstad Arena @ 7:07pm

YP Leadership Meeting

Mar. 9, Primo @ Noon

5:01 Presented by YP

Mar. 16, Ebeneezers @ 5pm

YP Outreach Team Meeting

Mar. 18, Applebees @ Noon

YP Social Team Meeting

Mar. 18, Ground Round @ 5pm

Get Into March Madness with YP

Mar. 19, Sports on Tap @ 5pm

YP Supermarket Sweep

Mar. 25, Arrowhead Miracle Mart @ 10am

Please check www.vpminot.com for a complete list of events!!

Ackerman-Estvold Engineering - Best Places to Work



The Best Place to Work awards, started by the NDYP in 2008, are a reflection of the creativity and innovation that businesses offer Young Professionals. We are proud to announce that Ackerman-Estvold Engineering was a runner up for 2009! "We are very happy to gain this recognition. We work hard to ensure that our organization is a place where our employees can grow their career while thriving within the community," stated Ryan Ackerman of Ackerman-Estvold Engineering.

In order to be considered for the award, applicants submitted a detailed questionnaire about the company benefits, advancement opportunities, and why their business is an outstanding place for young professionals to work or intern.

Ackerman also commented that nearly 80% of their workforce is under the age of 40.

Congratulations to all of the YPs who are employed by Ackerman-Estvold!



Get Cultured with YP!

We're going to the theater! Join us on Friday, March 5th, 7:30pm at "The Arlene" theater (in downtown Minot). The Mouse River Players present The Complete Works of William Shakespeare (Abridged). But, don't let the title scare you! Considered "Shakespeare for Dummies", this zany, madcap comedy will have you rolling in the aisles with laughter and leave you wanting more.

Tickets are \$10.00 and it is recommended that you call 1-866-667-1977 to reserve your tickets. We will meet at "The Arlene" at 7:15pm to pick up our tickets and find a spot to sit together. After the performance we'll walk down to the Blue Rider for some socializing. Let us know if you're coming by [clicking here](#).



On your marks, get set, go!

The Outreach Team is putting together a YP version of Supermarket Sweep to be held March 25, 10am at Miracle Mart - Arrowhead. All proceeds and non-perishables will benefit the Minot Homeless Coalition's effort to stock area food pantries and soup kitchens. You're not going to want to miss this wild event!! To sign up to compete [click here](#). Donations and spectators are encouraged!



Could you walk 3 miles if it helped over half a million babies?

YP is gathering a team to walk, bring awareness and raise money to support community programs that help moms have healthy, full-term pregnancies. The annual March of Dimes' March for Babies will be held March 27th. Email [Jessica](#) if you're interested in joining!



March 5:01's

This month we'll be hosting two 5:01's! The first will be at Ebenezer's - Tuesday, March 16th. This is a casual event to get to know fellow YPs, especially new members. Join us for dinner, drinks, or just plain good company. It's never too early to start celebrating St. Patrick's Day at Ebenezer's!

Join us at 5:01pm on Friday, March 19th at Sports On Tap to watch first round games of the NCAA men's basketball tournament. Order a pizza, grab a drink and cheer on your favorite team with fellow YP members.



Upcoming Power Hour

The April Power Hour will feature real estate expert Scott Louser who will not only provide information on the local real estate market and trends but also provide tips for some of the first time home-buyers in the group! This Power Hour will be at Noon on Tuesday, April 13th. More info available next month.



YP of the Month

This month we'd like to introduce you to Stephanie Tornatore!

Family: Husband, Mike Tornatore

Where you work? I am a Client Services Representative at NDAD. NDAD is a charitable, non-profit organization that helps people with a wide range of disabilities and medical needs in North Dakota - from specialized equipment or medications to other costly medical travel or services.

What is the best part of your job? Letting a client know that his or her request for assistance has been approved.

How did you end up in Minot? My husband, Mike, is the Customer Solutions Manager at Best Buy and we moved here for his job. We have lived in Minot since April 2008.

What is your favorite thing to do in Minot? I enjoy spending time with family and friends as well as hosting get-togethers at our house and trying new recipes.

How'd you get involved in YP? I decided to get involved in YP as an opportunity to meet new people and get more active in the community. I also enjoy attending the social events.

What do you take part in within YP? I participate on the Outreach Team and love it!! It is SO much fun to be involved with volunteer opportunities in the community.

Last chance fact: My husband and I just recently purchased our first home! I absolutely love having a house to decorate!!



Parting Glance

A MSU Women's Consciousness Event will be held on March 4, from 12:30-2:00 p.m. in the conference center on the third floor of the MSU Student Center. The MSU Women's Heritage Committee will be hosting "Women Talking Together: A Consciousness-Raising Workshop." In this conversation, we hope to include women's perspectives from the community. If you would like to join the conversation, please contact Bethany Andreasen at 858-3243.

Companions for Children Winter "Fun"raiser will be held on March 12, 2010, from 6:00-9:00 at the Sleep Inn & Suites. Over 100 silent auction items, music, free appetizers, and door prizes should make for a fun evening. Tickets are \$10/person. Call 838-5784 for information.

Souris Valley United Way Bowling Event will be held on Sat, Mar. 13 at 1pm. Four person teams are invited to register by calling the United Way at 852-4108. The cost is \$100 per team and includes three games of bowling, shoe rental and free chili, they'll also have a silent

auction available. To join a YP team email Shannon.

Opportunity to Serve An After Prom Party for Minot High School is set for Sat, Mar. 20 at the Moose Lodge. The Minot Kiwanis Club is looking for volunteers to help out that night. Help is needed to deal blackjack, work in the kitchen, bus tables or help with gifts. The evening will begin at midnight and end at 4 am. If you are interested in volunteering please contact Emily.

www.ypminot.com

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