



# MINOT AREA HOMELESS COALITION, INC. 1ST ANNUAL 5K FUN WALK-RUN 2010

**Saturday, August 21, 2010**

At Oak Park.

**Charity 5k fun walk-run to benefit the  
Minot Area Homeless Coalition.**

**“All comer’s race (participants not put into divisions).  
Great way to test yourself against the whole field while  
supporting a worthy cause”.**

If you can’t go home,



Where can you go?

**T I M E :**

**Registration Begins: 7:30am  
Start Time: 8:30am**

**For more information contact:  
Minot Area Homeless  
Coalition, Inc.**

**105 1st St. SE  
PO Box 1062  
Minot, ND 58702**

**Phone: 701-852-6300**

Please note: this is a non-competitive charity run to aid the MAHC. There are no prizes promised or implied to those who participate.



**REGISTRATION**

**ENTRY FEES:**

**Registration prior to August 13, 2010.**

**\$12.00 (t-shirt not included)**

**\$15.00 (cost includes t-shirt)**

**Adult sizes only**

**Sm \_\_ M \_\_ L \_\_ XL \_\_**

**Registration after August 13th and day of run.**

**\$15.00 (t-shirt not included)**

**\$20.00 (cost includes t-shirt)**

**Adult sizes only**

**Sm \_\_ M \_\_ L \_\_ XL \_\_**

Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Waiver: I certify that I am in adequate physical condition to participate in the MAHC Charity Fun Walk/Run. I, for myself, executors, administrators and assignees, do hereby waive and release forever any and all rights to claims to damages I may incur against all persons and agencies involved with the Oak Park, Minot Park District, and/or the MAHC involved with the Charity Fun Walk/Run on August 21, 2010. I also grant full permission to all event agencies to use all photography, video, or other recordings of Charity Walk/Run for any reason.

Signature \_\_\_\_\_

Parent/Guardian (if under 18) \_\_\_\_\_